



# NEWSLETTER

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## FORUM MEMBERS

- Association of Reflexologists
- British Reflexology Association
- British Association of Beauty Therapy and Cosmetology
- Centre for Clinical Reflexology
- Complementary Therapists Association
- International Federation of Reflexologists
- International Institute of Reflexology (UK)
- Northern Ireland Reflexologists' Institute
- Professional Association of Clinical Therapists
- Scottish Institute of Reflexology

## MEET THE TEAM

### Carol Bailey



#### What is your role in the Reflexology Forum?

Independent Lay Chair

#### How did you first become interested in Reflexology?

As part of my previous academic role, I was involved in developing a BSc (Hons) programme in Complementary Therapies with a route in Reflexology, eight years ago. During this time I had the opportunity to observe Reflexology education in Asia.

#### What do you see as the major challenge facing Reflexology at the moment?

As we move towards voluntary regulation it is imperative that we maintain the distinctiveness of Reflexology within any regulatory framework. I believe that we have made enormous progress towards this within the last few months.

#### What do you like best about working with the Reflexology Forum?

The people! Without exception I have been made to feel most welcome, everyone has given freely of their time in preparing me for this role. I am impressed with the quality of work already completed as we move forward to this final stage of voluntary regulation.

#### More about Carol Bailey

Carol comes to this role having left the Higher Education sector in August 2005, to follow up freelance opportunities. Previously she was Head of Community Health at the University of Wolverhampton, and had management responsibility for Complementary Therapies; Primary Care and Health Studies. As part of that role she contributed to raising the profile of Complementary Therapies within the NHS and many of the students successfully completing the degree in Reflexology are now employed within the public sector. She has a particular interest in quality assurance having been involved in the development and monitoring of programmes at a local and national level. This has involved working with the Nursing and Midwifery Council (NMC) and the Health Professionals Council (HPC) and the Quality Assurance Agency (QAA).

Earlier in her career Carol worked as a health visitor with a specialist interest in children with multiple disabilities and observed the value of massage in children with disabilities resulting in contractures. Ever the innovator she encouraged the formation of playgroups for mothers and children with special needs. This interest is maintained in a voluntary capacity today, raising funds and supporting a project in Wolverhampton that offers respite care for children with profound disabilities.

Carol brings to the role of Lay Chair a wealth of experience in preparing groups for the formalisation of existing practice. Committed to high standards, she has extensive experience of producing comprehensive documents that meet rigorous quality standards. She has a reputation of managing meetings with fairness and balance and is looking forward to bringing these attributes to her role as Independent Lay Chair.

## NEW LAY MEMBERS

The Reflexology Forum is delighted to announce the appointment as Lay Members of Elspeth Pringle, Diane Waller and Judith van der Broek.

The appointment of three lay members means that Reflexology Forum is now operating in accordance with POWFIH guidelines for lay representation on developing lead bodies.

## REGULATION OF REFLEXOLOGY

As a result of the report commissioned of Professor Julie Stone which concluded that the way forward for the regulation of complementary therapies might be a Federal structure rather than a single therapy approach. The Prince of Wales's Foundation for Integrated Health organised in January 2006, a workshop entitled Exploring a Federal Approach to Voluntary Regulation

Kim Lavelly, Chief Executive POWFIH opened by reassuring delegates that the regulation programme would remain core part of Foundation's work. She was followed by presentations on the consultation process by Pamela Jack, Standards Manager for the Foundation and guest speakers sharing experiences of the statutory healthcare field.

Reflexology Forum representatives reported a great deal of positive attitude but a lack of clarity as to how the process would proceed. The Reflexology Forum has agreed to remain as one of the developing lead bodies within the POWFIH regulation programme. In order to facilitate rapid assimilation of, and response to, information in this complex area the Reflexology Forum has established a Regulation Group.

## LAUGHTER THE BEST MEDICINE



## WEBMASTER WANTED

The Reflexology Forum is currently seeking to recruit a part-time contract webmaster. The successful applicant will be responsible for the day-to-day running and ongoing development of the RF website. For further information please contact the PR group [PR@reflexologyforum.org](mailto:PR@reflexologyforum.org)